

ENOGASTRONOMY



LA MANGA

Traditional flavours and aromas



Caldero Rice

From 345€

INCLUDED: three days and two nights accommodation on half board basis.
Activities indicated in the program.
Travel assistance insurance.

NOT INCLUDED: Transfers or meals not indicated.

MINIMUM GROUP: 4 people
PROGRAM: 3 days and 2 nights
MEETING POINT: your selected accommodation.
AUTHENTIC: Local gastronomy and the port of Cabo de Palos.

HANDMADE EXPERIENCES



Caldero rice with traditional ingredients



Traditional catches with the encañizada



Tasting of local wines



The Cabo de Palos Lighthouse has stories to tell you

Description

La Manga del Mar Menor is a unique place, an opportunity to discover the whims that nature and the sea give us in the Region of Murcia. La Manga is an extension of land that stretches 21 kilometres from Cabo de Palos to the end of La Manga, natural limits of the largest saltwater lagoon in Europe known as the Mar Menor. Crossing La Manga we find multiple natural channels that connect the Mar Menor with the Mediterranean Sea.

Our proposal: a destination like La Manga is its people, its customs and traditions and, among them, the gastronomy of proximity with the aromas and flavours that remind us of our childhood. A cuisine of proximity awaits you with first class products, freshly taken from the Murcian orchard and the sea. A proposal for your senses.

Itinerary

Day 1. We will be waiting for you at your accommodation with free time to settle in. In the afternoon, we have planned that Andrés will surprise you with a tasting of wines and oils from the Region of Murcia, they are young but intense wines highlighting among our 3 DO: Bullas, Jumilla and Yecla.

After the tasting we recommend a visit to the Estacio lighthouse to enjoy the sunset, a spectacle with a daily pass that, like the wine, invites us to discover its different colours and sensations.

Day 2. In the morning, Miguel Angel, our local host will be waiting for you at the Cabo de Palos lighthouse to go up and enjoy the incredible views. On the way back to the port, you will have the opportunity to see some fishing boats arriving, and even the unloading of the day's catch.

For lunch, your chef will be waiting for you with a tasting of traditional seafood. The sunset will surprise you with an iconic sunset. If you still have strength, it's time to enjoy the local atmosphere in the port of Tomás Maestre.

Day 3. After breakfast and a relaxing walk barefoot on the sandy beach, our friend Pilar awaits you in her gastronomic space to teach you how to prepare some of the traditional recipes of La Manga, such as cauldron rice, which we can enjoy together.

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