



# YOUR BIRD TRIP

## Travelling around the mediterranean

### Learn about the history and traditions of the great Mediterranean cities

Enjoy the cities of the Mediterranean in AVE, without the stress of the road and contributing to the conversation about the environment.

We have prepared an itinerary through the big cities of the Mediterranean coast in which you will get to know the way of life of the locals, also the history and traditions together with our private hosts, without joining groups and without waiting, just for you. You will walk through the historical centre of Valencia and enjoy the best gastronomy of the Albufera Natural Park, you will discover the Roman history in Tarragona and you will approach the Modernist legacy of the unforgettable Gaudí from the Sagrada Familia to the impressive buildings that are in the mythical Paseo de Gracia.



I'm Anna, I'm waiting for you in Barcelona to talk to you about Gaudí's Art



**BIOSPHERE**  
committed entity

- **Duration:** 6 days and 5 nights with HB.
- **Accommodation:** 4\* downtown hotels
- **Meeting point:** Ave station
- **Authentic:** Itouring three Mediterranean

**We Will help you to custom it  
for your travelers**

## HANDMADE EXPERIENCES





Centre of Valencia



Central market in Valencia



Sagrada Familia



Casa Batlló



Cathedral Santa Maria del Mar

# Itinerary

**Day 1,** From Atocha station you will take your AVE to Valencia. With Elena you will tour the historic centre, visit the fish market and its busy central market.

**Day 2,** today you will visit the Albufera with our friend Virgilio, you will enjoy a pleasant boat ride in the ideal place to enjoy the good Valencian gastronomy.

**Day 3,** your train journey will continue to Tarragona, the balcony of the Mediterranean. With Paula, you will travel to the past in the Imperial Tarraco and the Roman Circus, walk along the Rambla and its traditional statue in homage to the "Castellers" and continue to the viewpoint with incredible views of the sea.

**Day 4,** today you will arrive in the cosmopolitan city of Barcelona. Free time for your first contact with the city before enjoying a wine and cheese pairing with our friend Xavi.

**Day 5,** Today Anna will accompany you on your visit to the unfinished and impressive Sagrada Familia and you will also walk along the main arteries of the city such as Paseo de Gracia or the lively Ramblas.

**Day 6,** free time before getting on the train that will take you back home.

**INCLUDED SERVICES:** 6 days and 5 nights accommodation with breakfast included. Excursions or activities indicated in the programme with a private host. Tickets and visits to monuments. Tasting sessions as indicated. Train/VEA tickets according to the programme. Basic travel and assistance insurance. Local taxes.

**(\*) SERVICES NOT INCLUDED:** food and drinks not indicated. Local taxes not indicated. Activities indicated as optional. Tips. Any service not specifically included in the itinerary

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